



# SADHANĀRĀMA FOUNDATION

**Annual Report**  
**2024 – 2025**





# SADHANĀRĀMA FOUNDATION

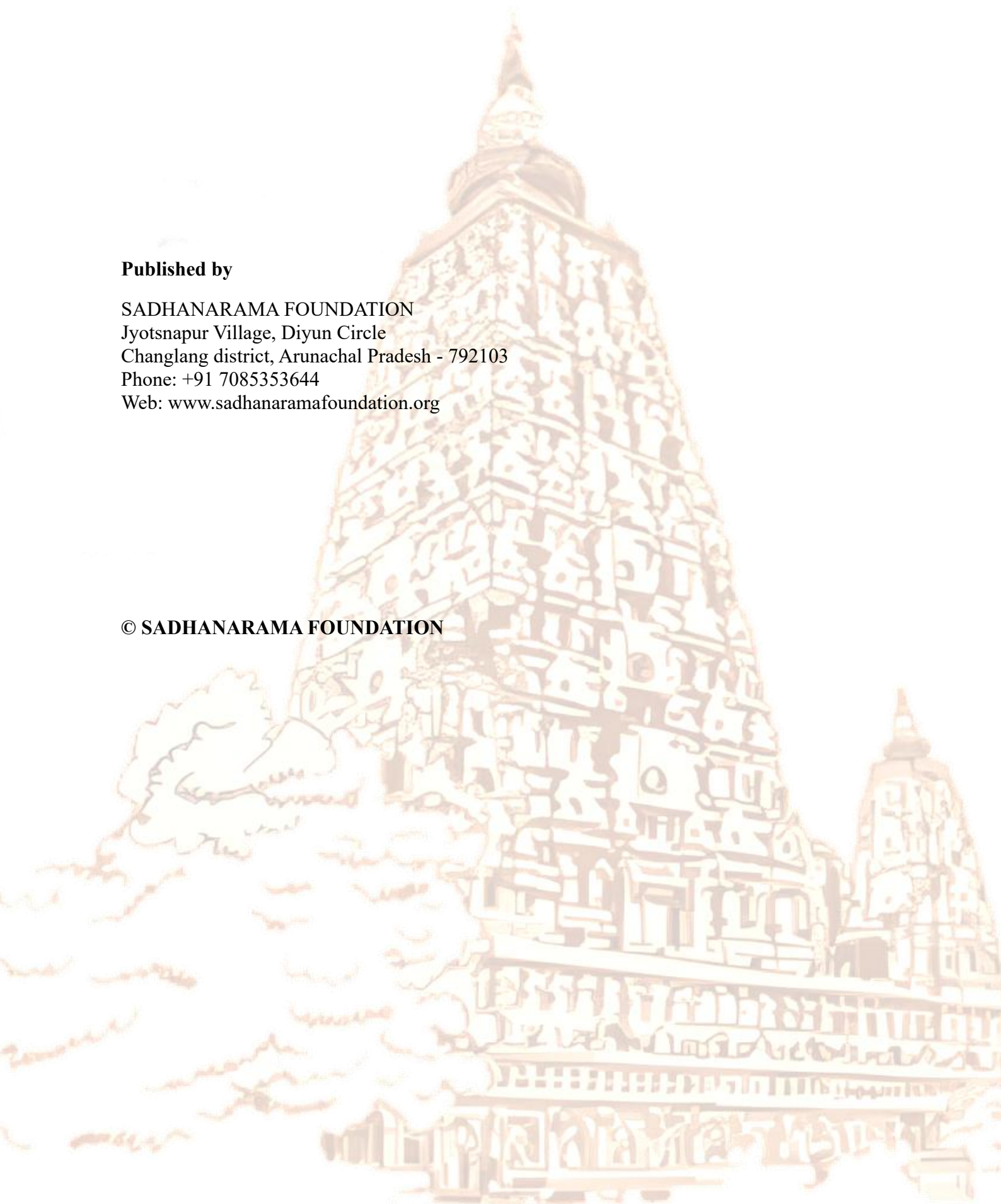
**Annual Report**

**2024 – 2025**

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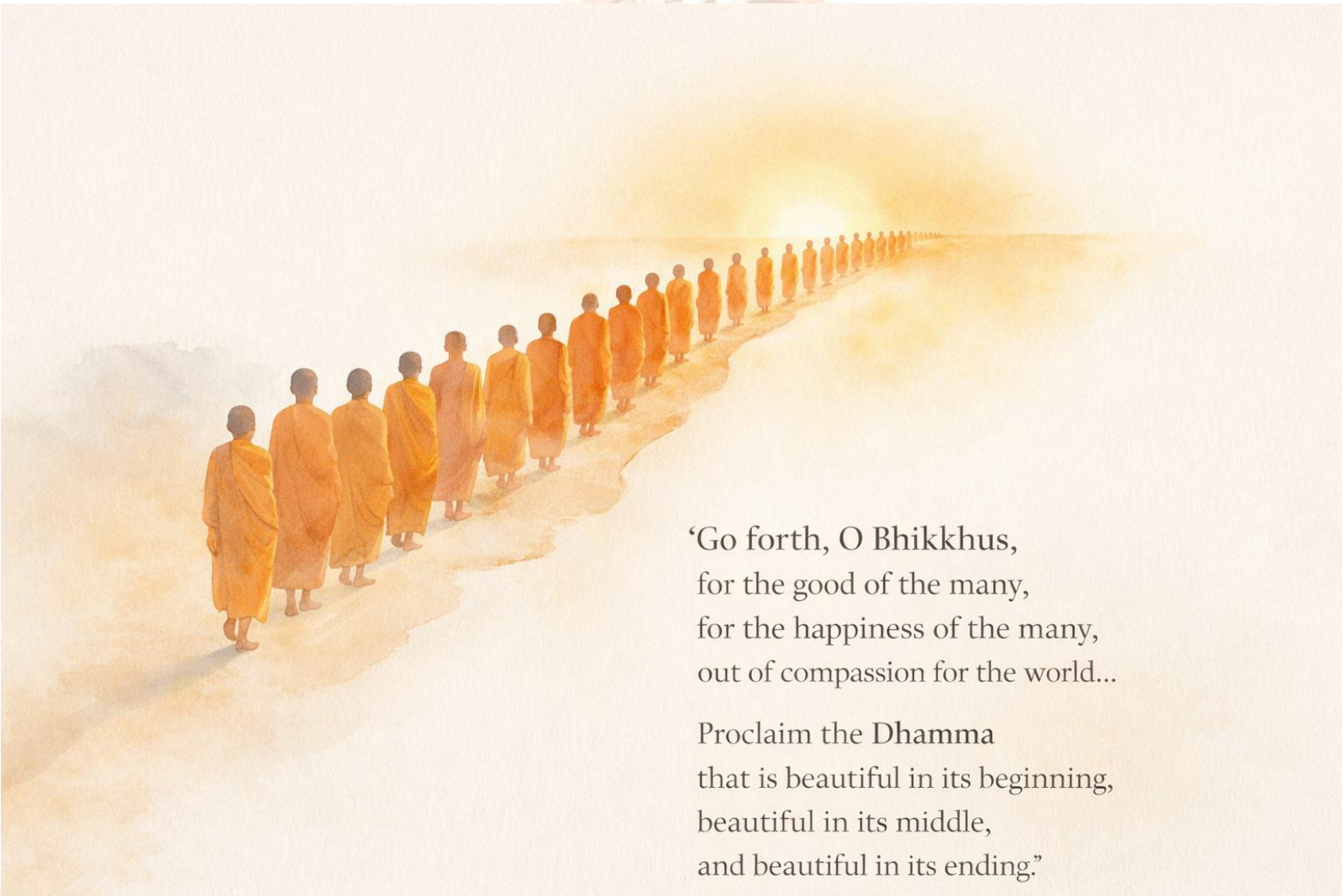
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## CONTENTS

<b>About Us – Sadhanarama Foundation</b> .....	8
<b>Vision And Mission</b> .....	9
<b>Preservation Of Chakma Buddhist Cultural Heritage</b> .....	11
<b>2.1 Monastic &amp; Spiritual Development</b> .....	11
<b>2.1.1 Novice Ordination &amp; Monastic Training</b> .....	11
<b>2.1.2 Daily Chanting And Meditation</b> .....	12
<b>3.1 Sacred Ceremonies &amp; Cultural Preservation</b> .....	12
<b>3.1.1 Sangha Dāna And Alms Offering Ceremonies</b> .....	12
<b>3.1.2 Vesak Day Celebrations</b> .....	13
<b>3.1.4 84,000 Candles And Sky Lanterns For World Peace</b> .....	14
<b>Novice Mass Ordination Program</b> .....	16
<b>Educational Initiatives – Bodhi Rasmi School</b> .....	19





‘Go forth, O Bhikkhus,  
for the good of the many,  
for the happiness of the many,  
out of compassion for the world...

Proclaim the Dhamma  
that is beautiful in its beginning,  
beautiful in its middle,  
and beautiful in its ending.’





**1**

**About  
Sadhanarama Foundation**

## ABOUT US – SADHANARAMA FOUNDATION

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### OUR INSPIRATION

Long ago, the Buddha invited his followers to walk into the world with compassion—to work for the good and happiness of all beings. That gentle invitation, spoken more than two and a half millennia ago, continues to guide hearts and actions even today.

As the Buddha taught:

“Go forth, O Bhikkhus, for the good of the many, for the happiness of the many, out of compassion for the world... Proclaim the Dhamma that is beautiful in its beginning, beautiful in its middle, and beautiful in its ending.”

These words are more than a teaching; they are a living call to action. They inspire a path of service, spiritual practice, and care for the world—one that bridges inner transformation and collective well-being.

Moved by this timeless message, **Sadhanarama Foundation** was established as the non-profit charitable arm of **Sadhanarama Bana Vihara**, a Theravāda Buddhist monastery dedicated to preserving and promoting the cultural and spiritual heritage of the **Chakma Buddhist community**. The Foundation is registered as a charitable trust under the **Indian Trust Act, 1882**.

The work of the Foundation spans several interconnected areas, including:

1. spiritual (Dhamma) practice and monastic training
2. education and cultural preservation
3. community welfare and social service
4. health and sanitation awareness
5. women’s empowerment
6. rural development initiatives.

All these efforts are guided by the Buddhist values of compassion, ethical responsibility, and service to society.

## VISION AND MISSION

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From this lineage flows a living tradition of compassion, wisdom, and service—quietly practiced, steadily sustained, and shared across generations.

At its heart, **Sadhanarama Foundation is a community of practice.** Monks, novices, lay devotees, volunteers, and supporters come together with the shared aspiration to live according to the teachings of the Buddha.

We believe that when the mind is nurtured with wisdom and compassion, positive change naturally flows into individuals, families, communities, and the wider world.

Inspired by the Buddha’s timeless teachings—relevant for more than **2,500 years**—the Foundation envisions a society rooted in wisdom, compassion, and gratitude.

In such a society, people from diverse cultures and backgrounds can develop their potential and pursue their spiritual, social, cultural, educational, and economic aspirations.

In this way, the ancient path of the Buddha continues to guide the present world toward peace, harmony, and collective well-being.

### VISION

To promote peace, compassion, and cultural harmony through the preservation of Buddhist traditions and community development.

### MISSION

1. Preserve Buddhist cultural heritage and traditional knowledge
2. Support monastic education and spiritual training
3. Promote cultural documentation and research
4. Encourage youth participation in cultural traditions
5. Support humanitarian and community welfare initiatives

We believe that when the mind is nurtured with wisdom and compassion, positive change naturally flows into individuals, families, communities, and the wider world.



# 2

## Programs and Activities

## PRESERVATION OF CHAKMA BUDDHIST CULTURAL HERITAGE

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During the year 2024–2025, Sadhanarama Foundation continued its efforts to preserve and promote the cultural and spiritual heritage of the Chakma Buddhist community in Diyun and surrounding villages in Changlang District, Arunachal Pradesh.

The Foundation carried out a range of cultural, religious, and educational activities with the participation of monks, community members, and local volunteers.

The programs focused on:

- preserving Buddhist cultural traditions
- strengthening monastic education
- promoting community participation in religious ceremonies
- supporting educational initiatives for children.

These activities helped preserve traditional practices and encouraged younger generations to remain connected with their cultural heritage.

### 2.1 MONASTIC & SPIRITUAL DEVELOPMENT

#### 2.1.1 Novice Ordination & Monastic Training

Sadhanarama Foundation conducts continuous **Novice Ordination and Monastic Training programs** across its Banavihara Centers. These programs provide systematic training in **discipline**, meditation, chanting, ethical conduct, and communal living. Through structured daily routines, participants cultivate simplicity, mindfulness, responsibility, and compassion, forming a strong foundation for spiritual development and moral leadership.



### 2.1.2 Daily Chanting and Meditation

Daily chanting and meditation form the spiritual foundation of life at all Sadhanarama Foundation centers. Morning and evening chanting strengthen devotion (*saddhā*) and recollection of the Buddha’s teachings, while regular meditation practice cultivates mindfulness, concentration, and inner calm. These practices sustain discipline, clarity, and spiritual continuity for both monastic and lay practitioners.



## 3.1 SACRED CEREMONIES & CULTURAL PRESERVATION

### 3.1.1 Sangha Dāna and Alms Offering Ceremonies

Sadhanarama Foundation regularly conducts **Sangha Dāna and Alms Offering Ceremonies** as expressions of generosity and mutual support between the Saṅgha and lay followers. Through the offering of food and essential requisites, devotees cultivate gratitude, humility, and wholesome intention, while supporting the continuity of monastic life and strengthening community harmony.



### 3.1.2 Vesak Day Celebrations | 23 May 2024

**Vesak Day** is observed annually at Sadhanarama Bana Vihara to commemorate the birth, enlightenment, and passing away of the Buddha. The celebrations include meditation, chanting, Dhamma reflections, and acts of generosity, offering an opportunity for collective reflection and renewal of commitment to ethical living, mindfulness, and compassion.



### 3.1.3 Kathina Robe Offering Ceremony | 15 November 2024

Sadhanarama Foundation organized the **20th Kathina Robe Offering Ceremony** at Sadhanarama Bana Vihara with the participation of monks, devotees, and community members from across Arunachal Pradesh. The ceremony marked two decades of the Kathina tradition being observed at the monastery and was celebrated with great devotion and communal harmony.

Devotees from different communities of Arunachal Pradesh, including the **Khamti, Singpho, Tikhak, and Siam communities**, participated in the ceremony, reflecting the spirit of unity and shared cultural heritage.

The ceremony served as an important occasion for strengthening the relationship of the community while preserving a central tradition of Chakma Community.



### 3.1.4 84,000 Candles and Sky Lanterns for World Peace | 16 November 2024

As part of the Kathina celebration at Sadhanarama Bana Vihara, a candle lighting ceremony was organized in which **84,000 candles were lit**, symbolizing the light of wisdom. Devotees gathered for prayer and reflection, creating a peaceful atmosphere of unity. The event concluded with the release of sky lanterns as expressions of hope and goodwill for **peace, harmony, and compassion in the world.**



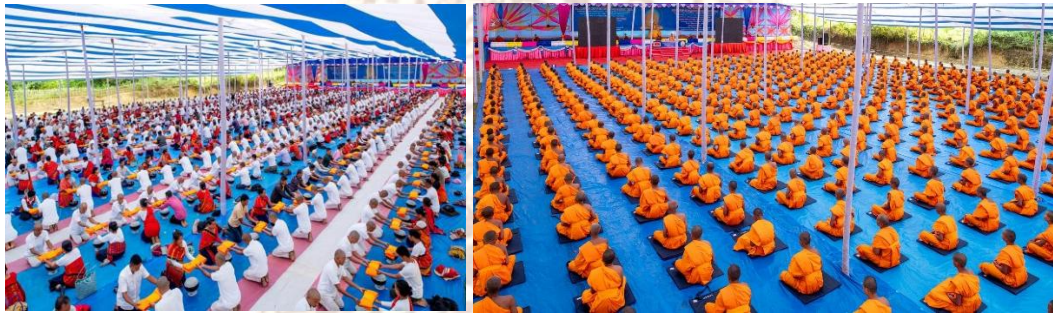


# 3

## International Collaboration

**NOVICE MASS ORDINATION PROGRAM | 02-16 DECEMBER 2024**  
**International Collaboration with the Dhammakaya Foundation**

Sadhanarama Foundation organized the **500 Novice Mass Ordination Program** from **2–16 December 2024** at Sadhanarama Bana Vihara, Jyotsnapur, Diyun, Changlang District, Arunachal Pradesh, in collaboration with the **Dhammakaya Foundation (Thailand)**. The program aimed to promote monastic education, moral discipline, and Buddhist cultural traditions among young participants.



**Activities Conducted**

**1. Mentor and Volunteer Training**

Preparatory training sessions were organized for mentors and volunteers to coordinate the program and guide participants throughout the ordination activities.



## 2. Hair Clipping Ceremony

The program began with the traditional hair clipping ceremony, symbolizing the renunciation of worldly attachments and the beginning of monastic life.



## 3. Universal Goodness (UG5) Training

Participants received training based on the Universal Goodness (UG5) principles, which emphasize Cleanliness, Orderliness, Politeness, Punctuality, and Meditation as core values for personal discipline and harmonious living.



## 4. Candlelight Ceremony

A candlelight ceremony was organized during the program, creating a peaceful atmosphere for reflection and symbolizing the light of wisdom in Buddhist practice.



## 5. 3D Dhamma Animation Screening

A 3D Dhamma animation film was screened to present the teachings of the Buddha in an engaging and educational format for participants and visitors.



## 6. Dhammayatra (Peace Walk)

The newly ordained novices participated in a Dhammayatra (Peace Walk), reflecting the spirit of mindfulness, discipline, and devotion.



## 7. Piṇḍacāra (Alms-round Practice)

The novices practiced Piṇḍacāra (alms-round), a traditional Theravāda monastic practice that strengthens the relationship between the monastic community and lay supporters.



## EDUCATIONAL INITIATIVES – BODHI RASMI SCHOOL

Sadhanarama Foundation is committed to promoting education and supporting community development initiatives in the region. As part of this commitment, the Foundation runs and manages Bodhi Rasmi School, located in Bijoypur-I Village, Bordumsa Circle, Changlang District, Arunachal Pradesh. The school is recognized by the Department of Education, Arunachal Pradesh with Recognition No. EED/A/2-/2022-2023.

Bodhi Rasmi School provides educational opportunities for children from nearby villages and aims to create a supportive learning environment that encourages academic growth, discipline, and moral development. Along with regular academic activities, the school also promotes values such as respect, responsibility, and compassion among students.

Through this initiative, Sadhanarama Foundation seeks to contribute to the educational advancement of the local community while helping young students develop into responsible and informed members of society.





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